

# Opening Up The Healing Power Of Expressing Emotions James W Pennebaker

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### **James W Pennebaker Wikipedia**

James W Pennebaker born March 2 1950 is an American social psychologist He is the Centennial Liberal Arts Professor of Psychology at the University of Texas at Austin and a member of the Academy of Distinguished Teachers His research focuses on the relationship between natural language use health and social behavior most recently how everyday language reflects basic social and

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